

RIPE69

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RIPE69

Your guide to
LONDON | UNITED KINGDOM

3 - 7 NOVEMBER 2014
ripe69.ripe.net





Hello!

Welcome to RIPE 69! Many see London as the best city in the world. We've gathered recommendations for restaurants, nightlife, souvenir shopping, and unmissable attractions so that you can spend your time outside of the meeting enjoying this bustling capital.

Our handy travel tips will help you get from Buckingham Palace to Big Ben. And if you manage to get lost, you can always engage in some native "banter" with a local, courtesy of our cheat sheet to British slang.

Fancy some traditional British pub grub, or a stiff pint? Look no further! We've compiled some of the best bars and restaurants for you to peruse.

From the Tower of London to the Tate, we've listed the must-see gems of London, a city bursting with culture and history. And if you fancy something a little more obscure, we've got you covered. Whether you want to trace the footsteps of the notorious Jack the Ripper, venture into the hold of one of the world's oldest ships, or simply enjoy some newspaper-wrapped fish and chips, there's something just for you in our Guide to London.

Have a wonderful RIPE 69!



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Health and Safety

London is a relatively safe city for its size. However, you should use common sense and keep aware of your surroundings. Be careful not to flash around large amounts of money or expensive possessions such as mobile phones.

Incidents of crime on public transport in London do exist, but are very rare. The London Underground network is one of the safest to ride in the world, and is an excellent means of transport.

Smoking

Smoking in workplaces and enclosed public spaces has been illegal in England since 2007. Some bars have smoking areas outside.

Medical Services

Should you become ill or need medical attention while in London, there are a number of hospitals and clinics available.

Medical Centres and Private Clinics

Hammersmith Surgery
1 Hammersmith Bridge Road
London
W6 9DU
Tel: +44 20 8741 3944
Open Monday-Friday 08:00-18:30

Brook Green Medical Centre
Bute Gardens
London
W6 7EG
Tel: +44 20 7471 3333
Open Monday, Tuesday, Friday from 08:00-

20:00; Wednesday and Thursday from 07:00-20:00; 09:00-12:00 on Saturday

Victoria Railway Station Medi Centre
(next to Platform 15)
London SW1V 1JT
Tel: +44 20 7510 0314
Open Monday-Friday 08:00-20:00,
Saturday and Sunday 10:00-16:00

In case of emergency, the nearest hospital to the meeting venue is:
Charing Cross Hospital
Fulham Palace Road
London
W6 8RF
+44 20 3311 1234

Familiar pharmacy chains in London (also known as "chemists") include Boots and Superdrug. Chemists are generally open from 09:00-17:00 but more specific opening times are available via the NHS Pharmacy Search:
<http://www.nhs.uk/Service-Search/Pharmacy/LocationSearch/10>

Important Numbers

In case of emergency, call 999. You will reach an operator who will direct your call to the applicable service (fire, police, ambulance). Alternatively, you can dial 112 (as you would in most European countries) and your call will be handled exactly the same way.

If you are experiencing a medical issue that is not an emergency, you can dial 111.

Getting Around

It is not advised to drive in London due to heavy traffic, especially when London is host to an integrated public transportation system.

The Oyster Card

An Oyster card is a plastic smartcard that you can use to pay for public transport. You can use an Oyster card to travel by bus, tram, the Tube, Docklands Light Railway (DLR), London Overground and most National Rail services in London. Oyster cards can be purchased from London Travel Information Centres, stations, and Oyster ticket stops. The card itself costs £3.

The London Underground (the “Tube”)

Greater London is served by twelve Tube lines, along with the DLR and an interconnected local train network. Underground trains generally run from 05:00 to midnight.

Please note: when using the escalators, stand on the right unless you're walking (or running!) up or down them – or risk the wrath of a Londoner in a rush! The Hammersmith station is a ten minutes' walk from the meeting venue and serves the Circle, District, Hammersmith & City, and Piccadilly lines.

Bus

The red, double-decker London bus is an international icon that is recognised worldwide. However, please note that you can't pay with cash on the bus. You'll need an Oyster card (with credit on it)

or a paper Day Travelcard (you can buy these at stations).

Train

London's local trains criss-cross the city, extending beyond the Tube network. Most local trains connect efficiently with the Tube. Local rail services are typically covered by Travelcards, including Oyster cards.

Bike

London is host to a bicycle hire scheme, the Barclays Cycle Hire. Also known as “Boris Bikes”, after the Mayor of London, Boris Johnson, who championed the scheme, these bikes are a great way to travel around the city on a budget. You can hire a bike from various locations, ride it where you like, and return it to any docking station (there are many throughout the city). More information is available online: <http://www.tfl.gov.uk/modes/cycling/barclays-cycle-hire>

Taxi

British “black cabs” can be hailed from the street or pre-booked, but are notoriously expensive. Do not get into any car that is not a licensed “black cab” unless you have pre-booked it – at best, you won't be insured.

British Bites

Mouthwatering Mains...

Fish and Chips

Battered fish (typically cod) and deep-fried chips. A common take-away food, it is often accompanied by mushy (mashed) peas.



Yorkshire Pudding

An English dish made from batter consisting of eggs, flour and milk. Usually served with roast meat and gravy as part of the traditional British Sunday roast dinner.

Shepherd's Pie

Minced lamb with vegetables, topped with mashed potatoes to form a sort of pie. When made with minced beef, this is referred to as "cottage pie".



Lancashire Hotpot

A dish traditionally made from lamb or mutton and onion, topped with sliced potatoes and left to bake in the oven all day in a heavy pot on low heat.

Cumberland Sausage

A form of seasoned sausage that's very long and sold rolled in a flat coil.

Black Pudding

A type of blood sausage, generally made from pork blood.

Pasty

A baked pastry filled with spiced meat and/or vegetables.



Beef Wellington

A dish consisting of beef coated in pâté and wrapped in puff pastry.

Chicken Tikka Masala

An extremely popular Indian curry in Britain, made up of chicken chunks marinated in spices and yoghurt and baked in a tandoor oven, served in a creamy tomato and coriander sauce.

Toad in the Hole

Sausages in Yorkshire pudding batter, usually served with vegetables and onion gravy.

Sweet Treats...

Scones

Small, unsweetened or lightly sweetened cakes made from flour, fat and milk, sometimes with added fruit (usually raisins). Often served with clotted cream (a thick, spreadable cream) and jam.

Crumble

A baked dish consisting of a sweet base (usually stewed fruit) topped with a crumbly mixture of butter, flour/oats and sugar.



Custard Tart

A baked pastry with an egg custard filling.

Eton Mess

A traditional English dessert consisting of a mixture of strawberries, pieces of meringue and cream. The name originates from the very posh British public school, Eton College, who traditionally serve the dish at the annual cricket game against the pupils of Harrow School.

Mince Pie

A small, spiced, fruit-based pie traditionally served during the Christmas season.

Bread and Butter Pudding

A baked dish consisting of layered slices of buttered bread, raisins, egg, sugar and cream or milk.

...and a Cuppa!

A cup of tea, often called a “cuppa” is the hot beverage of choice in England. When people are talking about a cup of tea, they’re usually referring to black tea with milk and, sometimes, sugar.

When the tea is particularly strong and milky, it’s often called a “builder’s brew” or “builder’s tea”, after tea often drunk by construction workers on their break.



British Banter

British slang continues to amaze and confuse even other English-speakers throughout the world...

All right?	Hello, how are you?
Banter	The playful and friendly exchange of teasing remarks.
Barmy	Crazy. "You'd be barmy to miss the party!"
(Go on a) Bender	Engage in heavy drinking.
Bob's your uncle	That's it! (Usually added to the end of a sentence). "To find the hotel, turn left and Bob's your uncle!"
Bum	The part of your body that you sit on.
Chat up	To flirt with.
Chin wag	A conversation or chat. "Got time for a chin wag?"
Chippy	Fish and chip shop.
Chuffed	Pleased. "I'm so chuffed with my exam results!"
Cock up	A mistake (noun), to make a mistake (verb).
Cuppa	Cup of tea.
Crap	Not good, rubbish. "That film was crap!"
Fancy	To desire. "I fancy him!" or "I fancy a sandwich!"
Give us/me a bell	Call me.
Gormless	Clueless (used in reference to a person).
Gutted	Really upset, devastated.
Hard	Ready to fight, physically formidable. "He's hard!"
Kip	A short sleep, a nap.
Mate	A friend.
Mug	A naïve person. Also, somebody's face.
Narked	Annoyed.
Nitwit/twit	An idiot.
Not my cup of tea	Not to my liking.
Pardon me	Used when passing people, or to excuse yourself after doing something a little impolite, e.g. burping.
Pear-shaped	If something's gone "pear-shaped", it's gone wrong.
Put a sock in it	Be quiet.
Posh	Upper class.
Quid	The British Pound - singular and multiple (one quid, ten quid)
Row	Argument.
Sad	Uncool.
Smashing	Terrific, excellent.
Snog	Kiss (noun), to kiss (verb).
Ta	Thank you.
Tosser, wanker	Somebody who isn't very nice, an obnoxious person.

Brits have numerous terms that are interchangeable with "drunk". Here's just a few: Leathered, slashed, wellied, sloshed, badgered, battered, bladdered, hammered, off your face, ratted, smashed, steaming, trollied, trashed, wasted, wrecked...and some that are too rude to print!



Places to Eat

While many a joke is cracked about British cuisine, London is host to a glittering variety of top restaurants. From festive pub fare to experimental eats, the city has something to satisfy even the pickiest appetite. Don't forget to book in advance!

10 Greek Street

10greekstreet.com

10 Greek Street, W1D 4DH

+44 (0)20 7734 4677

Nearest to: Tottenham Court Road tube station (Central, Northern lines)
£

Enjoy small plates in an intimate, unpretentious eatery. This spot in the Soho district hosts only a handful of dishes on the seasonally changing menu. Tables are tightly packed and there are no bookings for dinner.

Cah Chi

cahchi.com

34 Durham Road, SW20 0TW

+44 (0)208 947 108

Nearest to: Raynes Park rail station
£ £

Simple, traditional Korean food. We recommend the crisp pa jeon (a thick, savoury pancake) filled with fresh seafood and spring onions. If you're feeling more adventurous, there's plenty on the menu to satisfy that craving – from pigs' ear

casseroles to black pudding stuffed with cellophane noodles.

Provender

provenderlondon.co.uk

17 High Street Wanstead, E11 2AA

+44 (0)20 8530 3050

Nearest to: Snaresbrook tube station (Central line)
££

Helmed by Max Renzland, who ran a string of acclaimed bistros in the '90s including the Michelin-starred Monsieur Max in Hampton Hill. Rich, Gallic fare and wonderful wines that'll make you "ooh la la!"

Clove Club

thecloveclub.com

Shoreditch Town Hall, 380 Old Street, EC1V 9LFT

+44 (0)20 7729 6496

Nearest to: Old Street rail/tube station (Northern line)
££££

Beards at the ready – this one's for the

Average cost for three courses (excluding drinks):

£ = £20, ££ = £40, £££ = £60, ££££ = £80+

hipsters. Michelin-starred Clove Club is based in a stark dining room, offering a no-choice, trendy menu. However, vegetarians can keep calm and chow down on their own meat-free menu. Dishes are presented beautifully – so have your Instagram filters ready. The cosy bar is worth a look, too.



Baltic

balticrestaurant.co.uk

74 Blackfriars Road, SE1 8HA

Nearest to: Southwark tube station (Jubilee line)

+44 (0)20 7928 1111

££

Still hankering for Polish platters after RIPE 68? Baltic serves central European classics and an extensive variety of vodkas. Large and loud with tables packed closely together, this is the ideal spot for a group dinner.

Rochelle Canteen

arnoldandhenderson.com

Rochelle School, Arnold Circus, E2 7ES

+44 (0)20 7729 5677

Nearest to: Shoreditch High Street rail station

£

The former bike sheds of Rochelle School have been renovated into a trendy lunch spot, frequented by arty types enjoying a seasonal, modern menu that changes everyday. Leave room for dessert, including traditional British dishes such as sticky date pudding.

Dinner by Heston Blumenthal

dinnerbyheston.com

Mandarin Oriental Hyde Park, 66

Knightsbridge SW1X 7LA

+44(0)20 7201 3833

Nearest to: Knightsbridge tube station (Piccadilly line)

££££

For those not familiar with the gastronomic delights of chef Heston Blumenthal, think “experimental”. This historic London hotel has procured Heston’s team, serving British fare with a modern twist. Try the signature “meat fruit” – like a meat pâté, but enclosed in a glossy, fruit-like skin.

St. John

stjohnsgroup.uk.com

26 St. John Street, EC1M 4AY

+44 (0)20 7251 0848

Nearest to: Barbican tube station (Circle, Hammersmith & City, Metropolitan lines)

££££

Simply cooked British food collides with traditional Roman fare (offal at the ready!) on a twice-daily-changing menu. If you’re a meat lover, this really is the place to be, with acclaimed grilled bone marrow. We also recommend the Eccles cake.

The Andover Arms

theandoverarms.com

57 Aldensley Road, Hammersmith, W6

ODL

+44 (0)20 8748 2155

Nearest to: Ravenscourt Park tube station (District line)

££

A hop, skip and a jump from the meeting venue, this classic English pub offers traditional food with warm, attentive service. Terrific local beers and frequented by locals, with hearty pub grub – pies, fish and chips, and burgers!

Restaurant Gordon Ramsey

gordonramsay.com

Royal Hospital Road 68, Chelsea, London SW3 4HP

+44 (0)20 7352 4441

Nearest to: Sloane Square tube station (Circle, District lines)

££££

Stylish and intimate, this restaurant is top class and lives up to its three Michelin stars serving contemporary French cuisine. Be sure to book by telephone and leave the t-shirts at the door. Our tip: take advantage of the sommeliers' wine recommendations!

Restaurant Story

restaurantstory.co.uk

201 Tooley Street, SE1 2UE

+44 (0)20 7183 2117

Nearest to: London Bridge rail/tube station (Jubilee, Northern lines)

££££

Set in a renovated Victorian lavatory, this modernist restaurant serves a set-price menu (£80 for ten courses without wine or service) of deconstructed dishes amid an understated décor. Dishes are served in playful settings, such as tiny milk bottles, with ingredients such as hay and foraged greens. If you're on a budget, there's a £35 set meal deal at lunchtime from Tuesday to Thursday.



Food For Thought

foodforthought-london.co.uk

31 Neal Street, Covent Garden, WC2H 9PR
+44 (0)20 7836 0239

Nearest to: Covent Garden tube station (Piccadilly line)

£

This Covent Garden restaurant offers vegan, wheat- and gluten-free dishes freshly prepared from natural ingredients, enjoyed at shared tables. You also have the option to order your food for takeaway. As they don't serve alcohol, you're invited to bring your own (no corkage charge) or sample their organic filter coffee, herb teas, and fruit juices.

Amaya

amaya.biz

Halkin Arcade, Motomb Arcade, SW1X 8JT
+44 (0)20 7823 1166

Nearest to: Knightsbridge tube station (Piccadilly line)

££££

This is far from a typical Indian curry house that you may stumble into after one too many pints. Michelin-starred Amaya is a chic bar and grill serving gorgeous Indian dishes, most of which are cooked in front of diners, "theatre-style".

Bistrotheque

bistrotheque.com

+44 (0)20 8983 7900

23-27 Wadson Street, E2 9DR

Nearest to: Bethnal Green tube station (Central line)

££

In the evening, Bistrotheque serves French-leaning food with performances from some of East London's finest alternative performance artists on the side. Brilliant brunch spot for breakfasting, boasting bacony pancakes and bewitching Eggs Benedict.

Places to Drink

London is filled with a variety of watering holes. Whether you're into cocktails, mocktails or malt ales, partying or pubs, you're bound to find something to your taste in our list of bars, inns and clubs.



For Wine Lovers...

Kensington Wine Rooms

greatwinesbytheglass.com

127-129 Kensington Church St., W8 7LP

Nearest to: Notting Hill Gate tube station
(Central, Circle, District lines)

Great selection of wines in interactive dispensers! This wine bar offers grapes by the glass, with a robust selection. The food is lovely, too.

Sager and Wilde

sagerandwilde.com

194 Hackney Road, E2 8KL

Nearest to: Mornington Crescent tube station (Northern line)

Stylish, cosy and unpretentious, Sager and Wilde boasts big-name producers and more unusual, newer styles by the glass. Gorgeous, soft industrial décor provides the ideal backdrop to a couple of glasses (or bottles!) of fantastic wine.



For a Great Pint...

The Euston Tap

eustontap.com

West Lodge, 190 Euston Rd., NW1 2EF

Nearest to: Euston rail/tube station
(Northern, Victoria lines)

One of the two Grade II-listed stone lodges which once guarded the historical Euston Station entrance, The Euston Tap has eight beers on cask, 20 by the keg and a further 150 by the bottle.

The Harp

47 Chandos Place, Covent Garden, WC2N 4HS

Nearest to: Charing Cross rail/tube station (Bakerloo, Northern lines)

An oasis of quiet conversation, good beer and real cider. The Harp boasts ten cask ales, with the focus on London breweries, from the established to the hip, young upstarts. On a sunny day, the gorgeous stained-glass frontage opens out onto the street.

Craft Beer Co.

thecraftbeerco.com

82 Leather Lane, EC1N 7TR

Nearest to: Farringdon tube station
(Circle, Hammersmith & City, Metropolitan)

lines)

With 37 beers on draught and 300 bottles in the refrigerators, this is, quite simply, the headquarters of hops and bastion of beer. The Craft Beer Co. also hosts irregular beer launches, meet-the-brewer events, tap-takeovers and themed beer festivals.

For Classy Cocktails...



Worship Street Whistling Shop

whistlingshop.com

63 Worship Street, EC2A 2DU

Nearest to: Old Street tube station (Northern Line)

On a Shoreditch back street, this Victorian-style bar serves cocktails made with various scientific techniques – old and new!

Experimental Cocktail Club

chinatownnecc.com

13A Gerrard Street, W1D 5PS

+44 (0)20 7434 3559

Nearest to: Leicester Square tube station (Northern, Piccadilly lines)

A hidden gem in China Town and the closest thing London has to a traditional speakeasy. The cocktails are among the best in the city. Be sure to reserve a table.

The Lonsdale

thelonsdale.co.uk

48 Lonsdale Road, Notting Hill, W11 2DE

Nearest to: Notting Hill Gate tube station (Central, Circle, District lines)

A hip cocktail bar, restaurant and lounge in upscale Notting Hill. Try the rose petal martini!

...and for Party Animals!

KOKO

kokouk.com

1a Camden High Street, NW1 7JE

Nearest to: Camden Town tube station (Northern line)

Camden's KOKO hosts live music as well as DJ-ed nights, and covers a range of musical tastes – from rock and pop to blues and dance.



Fabric

fabriclondon.com

77a Charterhouse Street, EC1M 6HJ

Nearest to: Farringdon tube station (Circle, Hammersmith & City, Metropolitan lines)

Arguably the best club in London, if not the world. If it all gets a bit much, take advantage of the huge leather chill-out beds. Open Friday, Saturday and Sunday nights inclusive.

Things to See & Do

Madame Tussauds

madametussauds.com/london

Marylebone Road, NW1 5LR

Nearest to: Baker Street tube station (Bakerloo, Circle, Hammersmith & City, Jubilee, Metropolitan lines)
Fancy meeting Angelina Jolie? How about Captain America? Housed in the former planetarium, this attraction not only houses life-size wax models of celebrities, from fictional figures to royal replicas, but also the famous Chamber of Horrors. Tip: Go before 16:00 (when it's less busy).
Open (in November) Monday-Friday from 9:30-17:30 and Saturday-Sunday from 09:00-18:00.

The Tower of London

hrp.org.uk/toweroflondon

Thames River, EC3N 4AB

Nearest to: Tower Hill tube station (Circle, District lines)
Her Majesty's Royal Palace and Fortress, also known as the Tower of London, is a historical castle located on the north bank of the Thames River. Marvel at the crown jewels, and don't miss the entertaining and educational Yeoman Warder tour. If you visit before 11 November, you won't miss the gorgeous ceramic poppy display of 888,246 poppies filling the moat, each one representing a soldier who died during the first World War.
Open Tuesday-Saturday from 9:00-17:30, and Sunday-Monday from 10:00-17:30.

The Tate Modern

tate.org.uk

Bankside, SE1 9TG

Nearest to: Blackfriars tube station (Circle, District lines)

One of the most intriguing museums in the world, the Tate Modern is a must-see. Housing various art installations from both famous and obscure artists, and set in an old power plant, the Tate is a visual feast. Entry is free of charge and the museum has fantastic shops that won't "break the bank", as the Brits say.
Open daily from 10:00-18:00.

Shakespeare's Globe

<http://www.shakespearesglobe.com>

21 New Globe Walk, Bankside, SE1 9DT

Nearest to: Mansion House tube station (District and Circle lines)

Shakespeare's Globe, an open-air theatre, is a reconstruction of the original, which opened on a nearby site in 1997, where the Bard's plays are still performed today. The tour is a must for Shakespeare fans and those interested in history. Bookings can be made online or through the box office on +44 (0)20 7401 9919. You can also take your chances in the "returns queue", where any available returned tickets are sold on a first-come, first-served basis two hours before performances start.

Victoria and Albert Museum

vam.ac.uk

Cromwell Road, SW7 2RL

Nearest to: South Kensington tube station (Circle, District, Piccadilly lines)

The world's largest museum of decorative arts and design, housing a permanent collection of over 4.5 million objects. World-class sculptures and artefacts fill

this six-floor building, which is itself awe-inspiring. We also recommend a trip to the café, which not only serves great food, but is beautifully adorned in tiles, stained glass and marble.

Open Saturday-Thursday from 10:00-17:45 and Fridays from 10:00-22:00.

Jack the Ripper Murders Tour (London Walks)

jacktheripperwalk.com

Starts at the Tower Hill tube station (Circle, District lines)

Crime fans and historians would be mad to miss out on this unique walking tour. Trace the steps of the famous Victorian serial killer, Jack the Ripper. Be careful to take the authentic tour with London Walks and don't part with your money until you're absolutely sure you're with the London Walks guide – they never start the walk before 19:30, at Tower Hill tube station.

Grant Museum of Zoology and Comparative Anatomy

ucl.ac.uk/museums/zoology

Rockefeller Building, University College London, 21 University Street, WC1E 6DE

Nearest to: Euston rail/tube station (Northern, Victoria lines)

This tiny, traditional zoology museum features an amazing array of specimens and densely packed curios. If you fancy something a little quirky and have an interest in natural history, then this is the attraction for you.

Open Monday-Saturday from 13:00-17:00.

Cutty Sark

rmg.co.uk/cuttysark

King William Walk, Greenwich, SE10 9HT

Nearest to: Greenwich Town Centre/Cutty Sark overground station (DLR)

One of the last tea clipper ships to be built, and one of the fastest, Cutty Sark is a wonderfully restored piece of rich British history. You can fully explore the ship, including the captain's quarters. This interesting, impressive and informative experience is definitely worth a visit. Open daily from 10:00-16:00.



National Gallery

nationalgallery.org.uk

Trafalgar Square, WC2N 5DN

Nearest to: Leicester Square tube station (Northern, Piccadilly lines)

An art museum in Trafalgar Square, housing over 2,300 paintings dating from the mid-13th century to 1900. Save several hours to browse the gallery – whether you like modern art, portraits or landscapes, there's bound to be a painting you love.

Off the beaten track...

Brighton

London doesn't have a beach. Luckily, for those of you who go postal for coastal, Brighton, one of Britain's most famous seaside towns, is just a 90-minute train ride from St. Pancras Railway Station. Vibrant, colourful and creative, Brighton is on the south coast of England, and offers Victorian aquariums, the Brighton Pier and its famous pebble beach.



Useful Info

RIPE 69 takes place at the Novotel London West Hotel:

Novotel London West Hotel
1 Shortlands
Hammersmith International Centre
Hammersmith
W6 8DR London
United Kingdom
Tel: +44 (0)20 8741 1555
The nearest station is Hammersmith tube station.

More information about RIPE 69 is available at:
ripe69.ripe.net

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@RIPE_NCC



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